



CORE TOPICS Exeter

Friday 26 April 2019

Organisers: Drs Bruce McCormick, Mark Pauling and Becky Pugsley, Exeter

Location: Sandy Park Conference Centre, Exeter

Programme

- 08:30** **Registration/Tea and coffee**
- 09:20** **Welcome and introduction**
Drs Bruce McCormick and Mark Pauling, Exeter
- 09:30** **An ENT anaesthesia survival kit** **Domain 1: Knowledge, skills and performance 2A01, 3A02**
Dr Richard Telford, Exeter
- 10:00** **Pain management for rib fractures** **Domain 1: Knowledge, skills and performance 1D02, 2E01, 2G02**
Dr Graham Simpson, Exeter
- 10:30** **Palliating the acute abdomen** **Domain 1: Knowledge, skills and performance, Domain 3: Communication, partnership and teamwork, Domain 4: Maintaining trust 1F01, 1F04, 2C06**
Dr Simon Noble, Cardiff
- 11:00** **Tea and coffee**
- 11:30** **Suicide in anaesthetists** **Domain 3: Communication, partnership and teamwork, Domain 4: Maintaining trust 3J00**
Dr Steve Yentis, London
- 12:00** **Gold medal anaesthesia (human factors)** **Domain 2: Safety and quality, Domain 3: Communication, partnership and teamwork 1I03**
Dr Mark Stacey, Cardiff
- 12:30** **Lunch**
- 13:30** **Current views on CPEX testing to define risks for major surgery: the enthusiast and the sceptic** **Domain 1: Knowledge, skills and performance, Domain 2: Safety and quality 2A03**
Dr John Carlisle, Torbay and Dr Jules Brown, North Bristol
- 14:30** **The role of echocardiography in perioperative medicine** **Domain 1: Knowledge, skills and Performance 2C01**
Dr Charly Gibson, Exeter
- 15:00** **Tea and coffee**
- 15:30** **Views from a quaternary obstetric centre** **Domain 1: Knowledge, skills and performance 2B**
Dr Matthew Rucklidge, Perth, Australia
- 16:00** **Laryngoscopy - past, present and future** **Domain 1: Knowledge, skills and performance 1C01, 2A01**
Dr Simon Marshall, Exeter
- 16:30** **Close of meeting**

Meeting kindly sponsored by:

Learning Objectives

An ENT anaesthesia survival kit *Dr Richard Telford, Exeter*

1. The obstructing airway is one of the most difficult challenges an anaesthetist can face. Following my talk I hope the audience will be able to take a structured approach to the management of these cases - successful outcome depends on carefully multidisciplinary planning and execution.

Pain management for rib fractures *Dr Graham Simpson, Exeter*

1. The morbidity of rib fractures.
2. Setting up a service for rib fractures.
3. Chest trauma injury tool.
4. Erector spinae catheters.
5. Sternal catheters.

Palliating the acute abdomen *Dr Simon Noble, Cardiff*

1. To understand the role of palliative care in the ITU setting.
2. To consider when the best management is to avoid surgery.
3. To understand principles of end of life care on ITU.

Suicide in anaesthetists *Dr Steve Yentis, London*

1. To understand the epidemiology and background of suicide in general and in doctors, especially anaesthetists; and the work that the Association of Anaesthetists is doing in this area.

Gold medal anaesthesia (human factors) *Dr Mark Stacey, Cardiff*

1. Introduce a personal strategy; to learn, practise and perform skills in order to ensure performance under pressure is optimised.

Current views on CPEX testing to define risks for major surgery: the enthusiast and the sceptic

Dr John Carlisle, Torbay and Dr Jules Brown, North Bristol

1. What fitness tells us about patients.
2. How a CPET clinic can inform decision-making.
3. How you can learn more about CPET, if you want to.
4. Principles of exercise testing.
5. VO₂ max, VO₂ peak, Anaerobic Threshold.
6. Pitfalls of testing.
7. Limitations to use in preoperative assessment.

The role of echocardiography in perioperative medicine *Dr Charly Gibson, Exeter*

1. Appraise the evidence behind peri-operative echocardiography.
2. Describe the training structures around echocardiography.
3. Explain the common transthoracic echo views.
4. Describe common pathology seen on echocardiography with examples of how it changes practice.

Views from a quaternary obstetric centre *Dr Matthew Rucklidge, Perth, Australia*

1. To better understand the challenges associated with massive obstetric haemorrhage.
2. To consolidate approaches to effective obstetric coagulopathy management.
3. To update knowledge regarding post-dural puncture headache management.
4. To develop an approach to caring for patients with neurological conditions.

Laryngoscopy - past, present and future *Dr Simon Marshall, Exeter*

1. Appreciate the development of the laryngoscope throughout history
2. Gain an insight into how laryngoscopes could be classified in order to guide subsequent airway management.
3. Look at future developments into laryngoscopy and airway management.